

Nutrition Facts

1 - 0.75 oz pkg

90

3%

0%

0%

5%

5%

29%

0%

8%

10%

2%

4%

1 - 1.5 oz pkg

% Daily Value\*

1 servings per container

Serving size

Calories

Total Fat 2g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg Sodium 105mg

Dietary Fiber 8g

Total Sugars 0g Includes 0g Added Sugars

Protein 4g

Vitamin D 2mcg

Calcium 30mg

Potassium 126mg

Iron 1mg

Total Carbohydrate 13g



## Roasted & Seasoned Chickpeas

## Go'Bonzo's® Cool Ranch

Last Updated: 10.10.2022

**Ingredients:** Garbanzo Beans (Chickpeas), Dried Buttermilk, Salt, Extra Virgin Olive Oil, Onion, Spices, Garlic

**CONTAINS MILK** 

**Description:** Dry roasted and ranch seasoned chickpeas with a crispy and crunchy texture.

**Storage:** Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

**Quality:** Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.















## **Nutrition Facts**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general

1 servings per container

Serving size

Amount per serving Calories	180
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	0%
Sodium 210mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 16g	57%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Vitamin D 4mcg	20%
Calcium 60mg	4%
Iron 1mg	8%
Potassium 252mg	6%
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## Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA or Vegetable (Legume)

Go'Bonzo's® Shipping Specs		
Case Pack Options	250/.75oz	125/1.5oz
CFI Item #'s	03-CF142	03-CF146
UPC Codes	855270005060	855270005138
Case Wt.	12lbs. Net / 14 lbs. GWT	
Case Dimensions	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H
Case Volume	.951 ft3	.85 ft3
Pallet	10 Ti x 8 Hi = <b>80cs/pallet</b>	10 Ti x 8 Hi = <b>80cs/pallet</b>
Pallet Dimensions	48"L x 40"W x 80"H	48"L x 40"W x 72"H
Pallet Volume	97.78 ft3	92.908 ft3