

Go'Bonzo's® Lightly Salted

Last Updated: 10.10.2022

Nutrition Facts	
1 servings per container	
Serving size	1 - 0.75 oz pkg
Amount per serving	
Calories	90
<small>% Daily Value*</small>	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 13g	5%
Dietary Fiber 8g	29%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Vitamin D 2mcg	10%
Calcium 22mg	0%
Iron 1mg	4%
Potassium 110mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Garbanzo Beans (Chickpeas), Extra Virgin Olive Oil, Salt
BIG 8 ALLERGEN FREE

Description: Dry roasted and lightly salted seasoned chickpeas with a crispy and crunchy texture.

Storage: Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

Quality: Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.



Nutrition Facts	
1 servings per container	
Serving size	1 - 1.5 oz pkg
Amount per serving	
Calories	180
<small>% Daily Value*</small>	
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 27g	10%
Dietary Fiber 17g	61%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 9g	18%
Vitamin D 4mcg	20%
Calcium 43mg	4%
Iron 1mg	8%
Potassium 221mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA or Vegetable (Legume)

Go'Bonzo's® Shipping Specs		
Case Pack Options	250/.75oz	125/1.5oz
CFI Item #'s	03-CF141	03-CF145
UPC Codes	855270005053	855270005121
Case Wt.	12lbs. Net / 14 lbs. GWT	
Case Dimensions	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H
Case Volume	.951 ft3	.85 ft3
Pallet	10 Ti x 8 Hi = 80cs/pallet	10 Ti x 8 Hi = 80cs/pallet
Pallet Dimensions	48"L x 40"W x 80"H	48"L x 40"W x 72"H
Pallet Volume	97.78 ft3	92.908 ft3