



**Roasted & Seasoned Chickpeas**

# Go'Bonzo's® Cool Ranch

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size 1 - 0.75 oz pkg</b>	
<b>Amount per serving</b>	
<b>Calories 90</b>	
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 30mg	2%
Iron 1mg	4%
Potassium 126mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Garbanzo Beans (Chickpeas), Dried Buttermilk, Salt, Extra Virgin Olive Oil, Onion, Spices, Garlic  
**CONTAINS MILK**

**Description:** Dry roasted and ranch seasoned chickpeas with a crispy and crunchy texture.

**Storage:** Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

**Quality:** Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.



**Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA or Vegetable (Legume)**

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size 1 - 1.5 oz pkg</b>	
<b>Amount per serving</b>	
<b>Calories 180</b>	
% Daily Value*	
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 4mcg	20%
Calcium 60mg	4%
Iron 1mg	8%
Potassium 252mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

<b>Go'Bonzo's® Shipping Specs</b>		
<b>Case Pack Options</b>	<b>250/.75oz</b>	<b>125/1.5oz</b>
<b>CFI Item #'s</b>	<b>03-CF142</b>	<b>03-CF146</b>
<b>UPC Codes</b>	855270005060	855270005138
<b>Case Wt.</b>	12lbs. Net / 14 lbs. GWT	
<b>Case Dimensions</b>	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H
<b>Case Volume</b>	.951 ft3	.85 ft3
<b>Pallet</b>	10 Ti x 8 Hi = <b>80cs/pallet</b>	10 Ti x 8 Hi = <b>80cs/pallet</b>
<b>Pallet Dimensions</b>	48"L x 40"W x 80"H	48"L x 40"W x 72"H
<b>Pallet Volume</b>	97.78 ft3	92.908 ft3

**Creative Food Innovations, LLC**  
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