



Roasted & Seasoned Chickpeas

Go'Bonzo's® Chili Citrus

Serving size 1 - 0.7	5 oz pkę
Amount per serving Calories	90
9	6 Daily Value
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 105mg	5%
Total Carbohydrate 13g	5%
Dietary Fiber 8g	29%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	8%
Vitamin D 2mcg	10%
Calcium 22mg	0%
Iron 1mg	4%
Potassium 120mg	2%

Ingredients:	Garbanzo Beans	(Chickpeas),	Extra	Virgin	Olive	Oil,	Salt,	Spices,
Garlic Onion								

BIG 8 ALLERGEN FREE

Description: Dry roasted and chili citrus seasoned chickpeas with a crispy and crunchy texture.

Storage: Go'Bonzo's should be stored in a cool (below 20°C/68°F), dry (below 50% relative humidity) area. For optimum freshness consume within 6 months of the Package Date on the outer case label without any loss of flavor, texture and/or functionality.

Quality: Creative Food Innovations, LLC is committed to Quality Assurance. If you have any questions or comments, please contact CFI at 760-542-8390.













Nutrition Facts

Serving size 1 - 1.5 oz pkg

1 servings per container

Amount per serving Calories	1	80

Calories	180
	% Daily Value*
Total Fat 49	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 210mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 16g	57%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 4mcg	20%
Calcium 44mg	4%
Iron 1mg	8%
Potassium 241mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily liet. 2,000 calories a day is used for general

Go'Bonzo's meet USDA Food Buying Guide Child Nutrition Guidelines for a M/MA or Vegetable (Legume)

Go'Bonzo's® Shipping Specs				
Case Pack Options	250/.75oz	125/1.5oz		
CFI Item #'s	03-CF144	03-CF209		
UPC Codes	855270005091	855270005350		
Case Wt.	12lbs. Net / 14 lbs. GWT			
Case Dimensions	15.625"L x 11.375"W x 9.25"H	15.625"L x 11.375"W x 8.25"H		
Case Volume	.951 ft3	.85 ft3		
Pallet	10 Ti x 8 Hi = 80cs/pallet	10 Ti x 8 Hi = 80cs/pallet		
Pallet Dimensions	48"L x 40"W x 80"H	48"L x 40"W x 72"H		
Pallet Volume	97.78 ft3	92.908 ft3		